

The North Carolina and South Carolina Societies of Anesthesiologists present



THE CAROLINAS ANESTHESIOLOGY



2019

QUALITY IN ANESTHESIA

SEPTEMBER 13-15

The Omni Grove Park Inn

ASHEVILLE, NC

JOINTLY PROVIDED BY



NC society of
ANESTHESIOLOGISTS

THE BEACON OF PATIENT SAFETY

wakeAHEC

BETTER HEALTHCARE THROUGH EDUCATION

Target Audience

Anesthesiologists, Fellows, Residents, Certified Anesthesiologist Assistants and Medical Students

Learning Strategies for Participants

- Apply SOAP guidelines to peripartum care.
- Describe best practices in neuraxial anesthesia to include drug choice, timing and frequency.
- Compare the risk of spinal epidural hematoma against the benefits of neuraxial anesthesia.
- Utilize expanding indications for using liposomal bupivacaine in the perioperative period.
- Develop strategies to minimize distractions while administering patient care in the OR.
- Analyze changes in current and future anesthesia workforce needs across the US.
- Describe the use of transthoracic echocardiography in a point of care setting.
- Evaluate how Federal and NC legislation/regulation may impact anesthesiologists.
- Recognize the numerous factors leading to physician burnout.
- Apply organizational and/or individual interventions to minimize the risk of burnout.
- Explain strategies to minimize perioperative opioid use.
- Evaluate tools to assess risk for patient to experience cognitive dysfunction after anesthesia.

Resident Abstract Poster Submissions

Abstracts may be submitted in the categories of Best Original Research, Case Report and Literature Review. Submissions must be received by August 30, 2019, and sent to Kara Weishaar at kweishaar@smithlaw.com.

Conference Site and Hotel Reservations

Omni Grove Park Inn
290 Macon Avenue, Asheville, NC 28804, Tel: 800-438-5800

omnihotels.com

- Group: NC Society of Anesthesiologists
- Reserve a room [here](#)
Group Code: 091119NCSOCIETY
- Group rate: \$299
- Reservation cutoff date: Monday, August 12, 2019



David Mayer, MD
2019 NC Program Chair
UNC School of Medicine
Chapel Hill, NC



Kathryn (Katie) Bridges, MD
2019 SC Program Chair
Medical University of South Carolina
Charleston, SC

Faculty

Meena Bhatia, MD
UNC Health Care

Kathryn Bridges, MD
Medical University of South Carolina

Michael Champeau, MD
American Society of Anesthesiologists

Ben Cobb, MD
UNC School of Medicine

Jeff Gadsden, MD
Duke University School of Medicine

Arun Ganesh, MD
Duke University School of Medicine

David Hardman, MD, MBA
UNC Hospitals, Department of Anesthesiology

Perrin Jones, MD
East Carolina Anesthesia Associates

Chelsea Krombach, CAA
American Anesthesiology of NC

Jennifer Matos, MD
Medical University of South Carolina

Thomas Miller, MD
American Society of Anesthesiologists

Bryant Murphy, MD
UNC School of Medicine

Michelle Schreiber, MD
Centers for Medicare & Medicaid Service

Robert Shaw, JD
Smith Anderson

Donald Taylor, PhD
Duke University

Chris Terry, MD
American Anesthesiology of NC

Kevin Walker, MD
Greenville Health System

Matt Weinger, MD
Vanderbilt University

2019 AGENDA

FRIDAY, SEPTEMBER 13, 2019

8 am-5 pm **Registration** (lunch/refreshments on own)
Exhibits Grand Ballroom B

8:30 am-12:15 pm Grand Ballroom A

Workshop – Introduction to Perioperative Point-of-Care Ultrasound and Focused Assessed Transthoracic Echocardiography

Lead Instructor: David Hardman, MD

This workshop will provide basic training and expertise in assessing basic cardiovascular function utilizing parasternal long axis; apical 4-chamber; and subcostal views. Participants will also learn how to assess for the presence of lung pathologies, including pneumothorax; pleural effusions; lung consolidation; endobronchial intubation; and intraabdominal pathologies including hemoperitoneum and ascites.

GENERAL SESSIONS Grand Ballroom A

Moderator: David Mayer, President-Elect, NCSA

1:00 pm	Welcome and Announcements	<i>David Mayer</i>
1:10	Preoperative Screening Tools & Assessment of Cognitive Risk	<i>Katie Bridges</i>
2:00	Ventilation Strategies and Outcomes	<i>Meena Bhatia</i>
2:50	Scheduled Break with Exhibitors Grand Ballroom B	
3:10	Future Workforce Models	<i>Thomas Miller</i>
4:00	Opioid: Patient Management	<i>Kevin Walker</i>

FRIDAY EVENING

5-7 pm **Opening Night Reception** Grand Ballroom B

SATURDAY, SEPTEMBER 14, 2019

6:30 am-1 pm **Registration & Exhibits**

6:30-7:15 **Continental Breakfast – Meet with Exhibitors** Grand Ballroom B

9:00 am-2 pm **NC Anesthesia Technician Meeting** Hoover HJ

7 am – 3pm **NC Practice Manager’s Association Meeting** Roosevelt KL

GENERAL SESSIONS Grand Ballroom A

Moderator: David Mayer

7:05 am	Welcome and Announcements	
7:15 am	Liposomal Bupi	<i>Jennifer Matos</i>
8:05	Health Policy Update	<i>Donald Taylor</i>
8:55	Break with Exhibitors Grand Ballroom B	
9:25	Understanding the Medicare Quality Payment Program & Quality Measures	<i>Michelle Schreiber</i>
10:35	Making Sense of SOAP VTE Guidelines	<i>Ben Cobb</i>
11:35	OR Distractions	<i>Matt Weinger</i>

12:30 pm

Lunch on own

2 pm-4:30 pm Grand Ballroom A

Separate registration link below, free for attendees

Workshop – Interactive Fascial Plane and Nerve Block for Enhanced Recovery After Surgery (ERAS)

Lead Instructor: Jeff Gadsden, MD

Register for this workshop [here](#).

This workshop is intended for anesthesiologists of all skill levels who wish to improve their skills at performing ultrasound-guided interscalene brachial plexus nerve blocks, fascial plane blocks (transversus abdominis plane (TAP), rectus sheath, quadratus lumborum (QL), and pectoralis (PECS I & II, serratus plane block), in addition to ultrasound-guided infiltration techniques for knee surgery. The workshop focuses on 3 specific ERAS clinical pathways and the relevant fascial plane block techniques that are used with each: abdominopelvic surgery, breast reconstructive surgery, and orthopedic/orthotrauma surgery. This interactive workshop will feature small participant-to-instructor ratios and a customized curriculum focusing on developing hands-on skills. Each technique will be taught by expert instructors using dynamic multimedia presentations, live demonstrations, state of the art 3D virtual cadaver imaging and guided hands-on live model scanning.

Albert Einstein College of Medicine designates this live activity for a maximum of 2.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

RESIDENT TRACK Wilson OP

Moderator: Arun Ganesh

*Lunch will be provided for residents.
No credit for Resident Track*

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|----------------|--|---|
| 1:30 pm | Getting Paid for Your Work:
Understanding Anesthesia Billing | <i>David Hardman</i> |
| 2:10 | Coke vs. Pepsi: Similarities & Differences of Physician Extenders | <i>Chelsea Krombach</i> |
| 2:50 | Contracts: Negotiating with a Group or Hospital | <i>Robert Shaw</i> |
| 3:30 | Panel Discussion:
Evaluating a Prospective Practice | <i>Perrin Jones, Arun Ganesh, Chris Terry</i> |
| 4:10 pm | NC Medical Board and its Impact on Your Ability to Practice Medicine | <i>Bryant Murphy</i> |

SATURDAY EVENING

5:00-6:30 Resident Research Poster Presentations Lobby

6:00-8:00 pm Family Night Dinner Reception Vanderbilt Terrace, weather permitting

SUNDAY, SEPTEMBER 15, 2019

6:30-9:00 am **Registration & Exhibits**

6:30-7:15 **Continental Breakfast – Meet with Exhibitors** Grand Ballroom B

GENERAL SESSIONS Grand Ballroom A

Moderator: Katie Bridges

7:15 am **ASA Update**

Michael Champeau

8:05-8:55 **Provider Burnout**

Matt Weinger

9:00 **NCSA Business Meeting – no CME credit** Hoover HJ

9:00 am **SCSA Business Meeting – no CME credit** Roosevelt K

Credit

The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity has been planned and implemented in accordance with the accreditation requirements and policies

of the North Carolina Medical Society (NCMS) through the joint providership of Wake AHEC and the North Carolina Society of Anesthesiologists. Wake AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Additional Credit: Other health professionals will receive Wake AHEC CEU and a certificate of attendance from an *AMA PRA Category 1 Credit™* activity. These certificates are accepted by the NC Boards for CAAs and critical care specialists. License requirements are subject to change. Wake AHEC recommends that participants contact their licensing boards for specific questions.

Wake AHEC will provide 1.1 CEU to participants upon completion of this activity. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Wake AHEC will provide up to 11 Contact Hours to participants.

Disclosure: Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

Wake AHEC is part of the North Carolina AHEC Program.

Registration Fee

- **Click here to register**
- **Early Fee** - \$325; after August 16 – \$350
- \$375; after September 6, register onsite
- \$75 for Anesthesiology Residents & Fellows, Medical Students & CAAs
- \$20 for Practice Managers
- Vouchers will be accepted.
- Fee will include online handouts and certificate of completion.
- Breakfast/breaks/evening receptions will be provided.
- *To assure quality programming and safety for all participants, babies and children may not attend this program, but are welcome at receptions.*
- Questions? Contact Lue McKnight at 919-350-0469, lmcknight@wakeahec.org or call toll free at 866-341-1814.
- Visit www.wakeahec.org for our ADA statement and the inclement weather statement.

Cancellations & Refunds

Refunds will not be issued unless we are notified by 5pm Monday, August 30, 2019. A \$125 cancellation fee will be deducted from the registration fee if a refund is issued. Substitutes are encouraged.

Questions about Conference Venue?

Contact Kara Weishaar, NCSA
Office (919) 838-2027, Mobile (301) 651-5655
kweishaar@smithlaw.com