



The North Carolina and South Carolina  
Societies of Anesthesiologists present

# THE CAROLINAS ANESTHESIOLOGY



# 2018

Improving Outcomes and Patient Safety

**SEPTEMBER 14-16**

**The Charleston Marriott**

**CHARLESTON, SC**



JOINTLY PROVIDED BY



*NC society of*  
**ANESTHESIOLOGISTS**  
THE BEACON OF PATIENT SAFETY

**wakeAHEC**  
BETTER HEALTHCARE THROUGH EDUCATION

## Target Audience

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Anesthesiologists, certified anesthesiologist assistants, residents, fellows and medical students.

## Statement of Educational Need

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The meeting theme for the 2018 NCSA/SCSA Annual Meeting is Quality in Anesthesia: Improving Outcomes and Patient Safety. The goal of this conference is to promote quality practices across the profession. Topics include the opioid crisis, anesthesia workforce, advanced recovery after surgery, OBGYN anesthesia, as well as provide a state and federal perspective on healthcare trends and anesthesia as a specialty.

The conference will include a Friday morning workshop on “Perioperative Point-of-Care Ultrasound and Focused Assessed Transthoracic Echocardiography” and Saturday afternoon, “Interactive Fascial Plane and Nerve Block Workshop for Enhanced Recovery After Surgery (ERAS),” and residents track.

## Learning Strategies for Participants

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- Expand the use of transthoracic echocardiography in a point of care setting.
- Describe how to perform perioperative advanced cardiac life support.
- Discuss current and future anesthesia workforce patterns and changes.
- Examine effective communication required for patient handoffs.
- Explain current practices in obstetric anesthesia.
- Describe how policy can affect legislation around opioid use and prescribing.
- Review clinical pathways for enhanced recovery after surgery.
- Apply the CDC guidelines for prescribing opioids to your current practice.
- Review management of chronic pain patients in the perioperative setting.
- Demonstrate how to perform facial plane block techniques for ERAS.
- Explore new technologies to address pain.
- Discuss Healthcare Industry trends.

## Resident Abstract Poster Submissions

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Abstracts may be submitted in the categories of Best Original Research, Case Report and Literature Review. Submissions must be received by August 31, 2018, and sent to Kara Weishaar at [kweishaar@smithlaw.com](mailto:kweishaar@smithlaw.com).

## Faculty

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**Amber Brooks, MD**  
Wake Forest School of Medicine

**Claude Brunson, MD**  
University of Mississippi School of Medicine

**Michael Champeau, MD**  
American Society of Anesthesiologists  
Executive Committee

**McNeil Cronin, MD**  
Piedmont Triad Anesthesia

**Jeff Gadsden, MD**  
Duke University School of Medicine

**Tong J (TJ) Gan, MD, MBA, MHS, FRCA**  
Stony Brook University

**David Hardman, MD, MBA**  
UNC Hospitals, Department of Anesthesiology

**D. Matthews (Matt) Hatch, MD, MBA**  
Wake Forest School of Medicine

**Joseph Keebler, PhD**  
Embry-Riddle Aeronautical University, Department of Human Factors and Behavioral Neurobiology

**Kim Korando, JD**  
Smith Anderson

**Chelsea Krombach, CAA**  
American Anesthesiology of NC

**Catherine Kuhn, MD**  
Duke University School of Medicine

**Gerald Maccioli, MD, MBA, FCCM**  
Sheridan Healthcare

**Thomas Miller, PhD, MBA**  
American Society of Anesthesiologists

**Bryant Murphy, MD, MBA**  
UNC Hospitals, Department of Anesthesiology

**The Honorable Gregory Murphy, MD**  
NC House of Representatives

**Kenneth Nelson, MD**  
Wake Forest School of Medicine

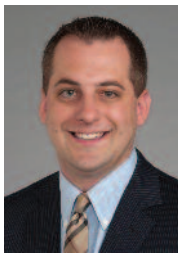
**Richard Rauck, MD**  
World Institute of Pain

**Chris Terry, MD**  
American Anesthesiology of NC

**D. Matthews Hatch, MD, MBA**  
President-Elect  
North Carolina Society of Anesthesiologists  
Assistant Professor  
Department of Anesthesiology  
Wake Forest School of Medicine

**Laura L. Roberts, MD, FASA**  
1st Vice President  
South Carolina Society of Anesthesiologists  
Assistant Professor  
Department of Anesthesia & Perioperative Medicine  
Medical University of South Carolina





**Program Chairs:**

**D. Matthews Hatch, MD, MBA**

President-Elect

North Carolina Society of Anesthesiologists

**Laura L. Roberts, MD, FASA**

1st Vice President

South Carolina Society of Anesthesiologists

**FRIDAY, SEPTEMBER 14**

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**11 am-5 pm Registration, Exhibits and CSRS Registration** *[Crystal Ballroom ABC]*  
(lunch/refreshments on own)

**8:30 am-12:15 pm** *[Crystal Ballroom DEF]*

**Workshop – Introduction to Perioperative Point-of-Care Ultrasound and Focused Assessed Transthoracic Echocardiography**

**RSVP here**

**\*Separate registration, free for attendees**

**Lead Instructor: David Hardman, MD**

This workshop will provide basic training and expertise in assessing basic cardiovascular function utilizing parasternal long axis; apical 4-chamber; and subcostal views. Participants will also learn how to assess for the presence of lung pathologies, including pneumothorax; pleural effusions; lung consolidation; endobronchial intubation; and intraabdominal pathologies including hemoperitoneum and ascites.

\*This workshop is eligible for 3 *AMA PRA Category 1 Credits™*

**GENERAL SESSIONS** *[Crystal DEF]*

*Moderator: Matt Hatch, President-Elect, NCSA*

<b>1:00 pm</b>	<b>Welcome/Announcements</b>	
<b>1:10</b>	<b>Anesthesia Workforce</b>	<i>Thomas Miller</i>
<b>2:00</b>	<b>Communication and Patient Care Handoffs</b>	<i>Joseph Keebler</i>
<b>2:50</b>	<b>Scheduled Break with Exhibitors</b> <i>[Crystal Ballroom ABC]</i>	
<b>3:10</b>	<b>Hot Topics in OBGYN Anesthesia</b>	<i>Kenneth Nelson</i>
<b>4:00 – 4:50 pm</b>	<b>Dealing with the Opioid Epidemic and Policy Related Issues</b>	<i>Claude Brunson</i>

**Friday Evening**

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**5:00-7:00 pm Opening Night Reception** *[Crystal Ballroom ABC]*

**SATURDAY, SEPTEMBER 15**

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**6:30 am – 1:00 pm Registration, Exhibits and CSRS Registration**

**6:30 – 7:15 am Continental Breakfast – Meet with Exhibitors** *[Crystal Ballroom ABC]*

**7 am – 3 pm NC Anesthesia Technician Meeting** *[Blue Topaz]*

**9 am – 3 pm NC Practice Managers Association Meeting** *[Yellow Topaz]*

**GENERAL SESSIONS** *[Crystal DEF]**Moderator: Moderator: Matt Hatch, President-Elect, NCSA*

7:15	Enhanced Recovery After Surgery (ERAS)	Tong J (TJ) Gan
8:05	The Opioid Epidemic: Where are we in 2018 and How to Combat It	Richard Rauck
8:55	<b>Break with Exhibitors</b> <i>[Crystal Ballroom ABC]</i>	
9:25	Perioperative Management of the Opioid Dependent Patient	Amber Brooks
10:15	ASA Update	Michael Champeau
11:05	Perspectives as a Physician Legislator	Greg Murphy
12:30 pm	<b>Lunch on Own</b>	

**2 – 4:30 pm** *[Crystal Ballroom DEF]***Workshop – Interactive Fascial Plane and Nerve Block Workshop for Enhanced Recovery After Surgery (ERAS)****RSVP here****\*Separate Registration, free for attendees****Lead Instructor: Jeff Gadsden, MD**

This workshop is intended for anesthesiologists of all skill levels who wish to improve their skills at performing ultrasound-guided interscalene brachial plexus nerve blocks, fascial plane blocks (transversus abdominis plane (TAP), rectus sheath, quadratus lumborum (QL), and pectoralis (PECS I & II, serratus plane block), in addition to ultrasound-guided infiltration techniques for knee surgery. The workshop focuses on 3 specific ERAS clinical pathways and the relevant fascial plane block techniques that are used with each: abdominopelvic surgery, breast reconstructive surgery, and orthopedic/orthotrauma surgery. This interactive workshop will feature small participant-to-instructor ratios and a customized curriculum focusing on developing hands-on skills. Each technique will be taught by expert instructors using dynamic multimedia presentations, live demonstrations, state of the art 3D virtual cadaver imaging and guided hands-on live model scanning.

Albert Einstein College of Medicine designates this live activity for a maximum of 2.5 *AMA PRA Category 1 Credits™*. Physician should claim only the credit commensurate with the extent of their participation in the activity.

**RESIDENT TRACK PROGRAM** *[Opal One]**Moderator: David Mayer*

Lunch will be provided for residents. No CME Credit for the Resident Track

1:30 pm	Getting Paid for Your Work: Understanding Anesthesia Billing	David Hardman
2:10	Coke vs. Pepsi: Differences & Similarities of Physician Extenders	Chelsea Krombach
2:50	Contracts: Negotiating with a Group or Hospital	Kim Korando
3:30	Panel Discussion: Evaluating a Prospective Practice	McNeil Cronin, Catherine Kuhn, and Chris Terry
4:10 pm	NC Medical Board and the Board's Impact on Your Ability to Practice Medicine	Bryant Murphy

**Saturday Evening**

5:00 – 6:30 pm	Resident Research Poster Presentations <i>[Meeting Lobby]</i>	
6:00 – 8:00	Family Night Dinner Reception <i>[Marriott Courtyard, weather permitting]</i>	

## SUNDAY, SEPTEMBER 16

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**6:30 – 9:00 am**      **Registration, Exhibits and CSRS Registration**

**6:30 – 7:15**            **Continental Breakfast – Meet with Exhibitors** *[Crystal Ballroom ABC]*

**GENERAL SESSIONS** *[Crystal DEF]*

*Moderator: Laura Roberts, 1st Vice President, SCSA*

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**7:05 am**            **Welcome & Announcements**

**7:15**                **New Molecules and New Interventional Devices:  
An Alternative to Opioids in Chronic Pain Patients**

*Richard Rauck*

**8:05 – 8:55**        **Healthcare Industry Trends 2018: Game of Thrones**

*Gerald Maccioli*

**9:00**                **NCSA Business Meeting – no CME credit** *[Topaz]*

**9:00 am**            **SCSA Business Meeting – no CME credit** *[Opal One]*

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### Credit

The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 11.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Accreditation Statement:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Wake AHEC and the North Carolina Society of Anesthesiologists. Wake AHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Additional Credit:** Other health professionals will receive Wake AHEC CEU and a certificate of attendance from an *AMA PRA Category 1 Credit*<sup>™</sup> activity. These certificates are accepted by the NC Boards for physician assistants, nurse practitioners, CAAs and critical care specialists. License requirements are subject to change. Wake AHEC recommends that participants contact their licensing boards for specific questions.

Wake AHEC will provide 1.3 CEUs to participants upon completion of this activity. A participant must attend 100% of the program to receive credit. Partial credit will not be awarded.

Wake AHEC will provide up to 11.0 Contact Hours to participants.

**Disclosure:** Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

*Wake AHEC is part of the North Carolina AHEC Program.*

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### Registration

- **Click to register**
- \$325; after August 13 – \$350
- \$375; after September 7, register onsite
- \$75 for Anesthesiology Residents, Fellows, Medical Students and CAAs
- \$20 for practice managers
- Fee includes online handouts and certificate of completion.
- Continental breakfast, breaks and evening receptions provided.
- Questions? Contact Lue McKnight at [lmcknight@wakeahec.org](mailto:lmcknight@wakeahec.org), 919-350-0469  
Toll free at 866-341-1814.
- Visit [www.wakeahec.org](http://www.wakeahec.org) for our ADA statement and the inclement weather schedule.

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### Cancellations & Refunds

Refunds will not be issued unless we are notified by 5 pm Monday, August 27, 2018. A \$125 cancellation fee will be deducted from the registration fee if a refund is issued. Substitutes are encouraged.

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### Conference Site and Hotel Reservations

**The Charleston Marriott**  
**170 Lockwood Boulevard, Charleston, SC 29403**  
**(843) 723-3000**

- Group: NC Society of Anesthesiologists
- Group Code: Guests may also access room reservations via online booking [here](#)
- Group rate: \$194
- Reservation cutoff date: September 1, 2018

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### Questions?

Contact Kara Weishaar, NCSA  
Office (919) 838-2027, Mobile (301) 651-5655  
[kweishaar@smithlaw.com](mailto:kweishaar@smithlaw.com)